



QURANIC GEMS

Allah loves...

By

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Allah (SWT) Loves those who have *haya* (modesty)

قَالَ: "إِنَّ اللَّهَ عَزَّ وَجَلَّ حَلِيمٌ حَيُّ سَتِيرٌ يُحِبُّ الْحَيَاءَ وَالسَّتْرَ "

"Allah, the Mighty and Sublime, is forbearing, modest and concealing, and He loves modesty [haya] and concealment." (Sunan an-Nasai)





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Meanings of Haya

Modesty, dignity, self respect, honor, chastity.

It is a comprehensive word. It's not only how we dress but it's our way of life.

To live life in a way that we do not attract negative attention.

Haya is an important term because the lack of haya is an obstacle from getting the love of Allah.



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Lack of Haya

It's like a hole in the heart.

Deen of Islam teaches us how to rectify this in us.

The more haya the more perfect is the Iman.

Imam Bukhari in his book has a chapter on 'haya is the branch of iman'.

In this day and age, we see that people say that being shy is not good. But we have to understand that haya brings only khair.





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Haya is not a culture but a Sunnah

Only khair is contained in haya.

The billboards, the magazines, etc are desensitizing
our spiritual heart.

We as a community have failed to address this
problem. There is a lot of interaction allowed such
that haya is sacrificed.

Haya is not a culture but this is a sunnah of the
Beloved Prophet ﷺ





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What is Haya in Islam

Haya is the quality that keeps a person away from those things that are displeasing to Allah.

We lack the knowledge of Quran.

Quran gives us so many examples of haya. And tells us about the rewards of those who are able to save themselves from obscenity. Because we do not know rewards, we do not give much importance to Haya.

It is Haram to lose our haya whether openly or secretly.





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Why Allah has given us these feelings ?

Three reasons

1. We are supposed to have these feelings for the ummah to grow (under marriage)
 2. This pleasure is a source of reward (if done in the permissible way ie under marriage)
 3. As a test. Test of taqwa. How much do we love Allah ﷻ. Do we have more fear of Allah or more desire.
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Why is unlawful desire so bad ?

Three reasons

1. It becomes like an addiction and it is emotionally, professionally and physically detrimental.
2. Spiritual detrimental effects: Allah has only given us one heart. It will either be given for Allah or to someone else. When we are attached to some else it's like a hole in the heart that drains out the love of Allah.
3. For Ghairah of Allah: Analogy to a women, she can bear anything like poverty etc but she cannot bear her husband looking at some other women. Allah has this Ghairah too. The whole purpose of life is to put this love in our heart.

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Ways to control:

Fikr :

To control it mentally. Reflect upon death. Reflect upon the punishments of the grave. Reflect upon the punishments of jahannam.

Dhikr:

Remembrance of Allah. Which is the polish of the heart.

When we commit sin, we make sure that our doors are locked, windows are closed, lest someone will see us. But are we not concerned about Allah and don't we remember that Allah is watching us all the time.

Are we so lowly ??

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Quran and Sunnah- Natural solutions

1. **Marriage:** The desires are fulfilled lawfully. If Nikah will become easy then zina will become hard. Marry someone who is pleasing to you.
2. **Those who are married:** Have this desire alive in their marriage. Have love for each other. Allah has put sukoon in our spouses.
3. **If unable to get married then fast.** When we fast, we make our nafs controlled.
4. **Lower the gaze:** very clearly mentioned in the Quran to both believing men and believing women. Those whose eyes are not in control, their heart is not in control and if the heart is not in control, then their private parts are not controlled. Lower the gaze for the sake of Allah.

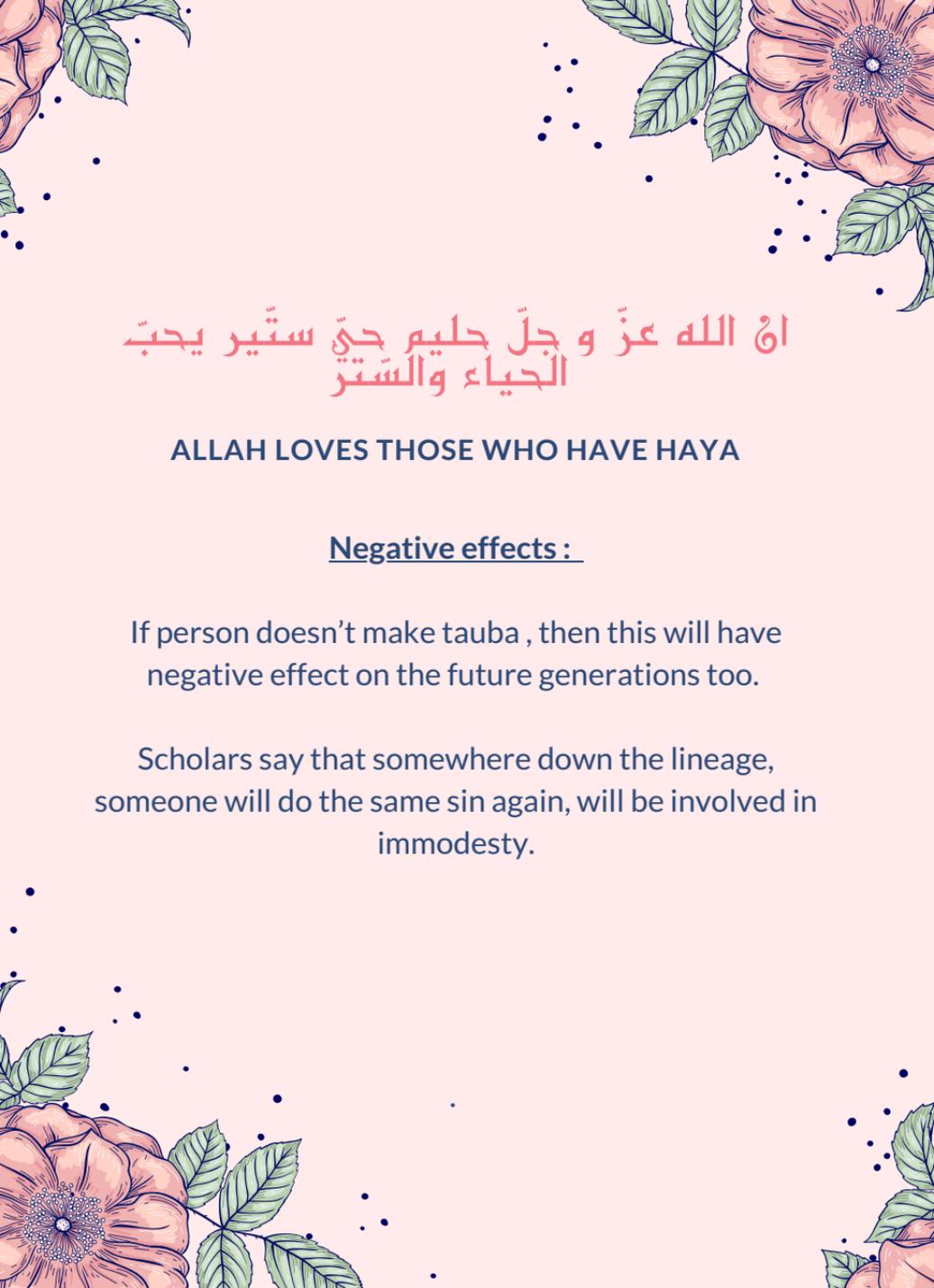


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Benefits of haya:

1. The persons sins will be forgiven. When we are tempted to look at something but we dominate our nafs and control that gaze, then Allah loves such an act and forgives us.
2. Making dua at that moment of temptation will be accepted by Allah.
3. Counted as remembrance of Allah, and Allah will put peace and tranquility in our heart.



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Negative effects :

If person doesn't make tauba , then this will have negative effect on the future generations too.

Scholars say that somewhere down the lineage, someone will do the same sin again, will be involved in immodesty.

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Biggest price:

If all of this doesn't work, then at the very least we can remind ourselves of this : "when Allah is mentioned our heart feel the fear that Allah is watching us."

First time sin- Allah is Al-Haleem
Second time sin- Allah is As-Sattar
Third time sin- Allah is Al-Qahhar.

For those of us who are married, keep the spouse happy. Smile at each other, dress up , praise and give gifts etc.

if we don't have this sukoon within home, we will search for that sukoon outside our home.

The biggest price we will pay for this will be that we will lose the love of Allah.

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Lesson from Surah Yusuf

When brothers were presented with the opportunity to sin, they said, they will sin now and then later will repent and become good.

When Sayidina Yusuf عليه السلام was presented with the opportunity to sin, Sayidina Yusuf عليه السلام was not married at that time, perfect opportunity for him, but Sayidina Yusuf عليه السلام said “معاز الله”.

If we have haya and if we adopt the way of Sayidina Yusuf عليه السلام then Allah will bring us to the high elevation. But if we adopt the way of the brothers, then Allah will make us dependent on people.